

# September 2020

Home delivered meals for Barnes,  
Cornucopia, Drummond, Grandview,  
Iron River, Mason, and Washburn.

Bayfield County  
Dept. of Human Services  
117 E. 5th St - PO Box 100  
Washburn, WI 54891  
715-373-6144

Week of:	Monday	Tuesday	Wednesday	Thursday
September 1-3		<b>Chicken Dumpling Soup</b> Chicken Salad Sandwich on WW Bread Marinated Black Bean Salad Fresh Grapes	<b>Salisbury Steak in Brown Gravy</b> , Steamed Potatoes Steamed Asparagus WW Bread w/butter Fresh Banana	<b>Boneless Chicken Breast w/Mushroom Sauce</b> Parslied Buttered Steamed Rice Steamed Broccoli, Cranberries Mandarin Oranges
September 8-10	<b>Closed Labor Day</b>	<b>Beef Tips Pepper Steak</b> over Egg Noodles Broccoli Strawberry Shortcake w/whipped topping	<b>Hamburger on a Bun</b> w/Lettuce & Tomatoes Baked Beans Potato Salad Fruit Fluff	<b>Broiled Lemon Pepper Fish</b> Garlic Mashed Red Potatoes Buttered Beets WW Roll w/butter Cherry Crisp
September 14-17	<b>Beef Stir Fry</b> over Steamed Brown Rice Oriental Veggies Sliced Pears	<b>Baked Ham w/Raisin Sauce</b> Dutchess Whipped Potatoes Carrot Coins WW Bread w/butter Apple Sauce	<b>Chicken &amp; Black Bean Chili</b> w/Crackers Seven Layer Salad Cornbread w/butter Peach Slices	<b>Lasagna</b> Corn Niblets Creamy Coleslaw Italian Bread w/Garlic Butter Chocolate Pudding
September 21-24	<b>Polish Sausage on a Buttered Bun</b> Steamed Baby Red Potatoes Buttered Carrots Fresh Orange	<b>Diced Chicken in Cream Sauce</b> over Rosemary Rotini Pasta w/Tomatoes and Garbanzos Fresh Grapes	<b>Cider Braised Pork Loin</b> Scalloped Potatoes Steamed Broccoli WW Roll w/Butter Tropical Fruit Salad	<b>Baked Chicken Breast</b> in Gravy, Stuffing, Green Beans Steamed Cauliflower Cranberry Crunch Salad Spice Cake w/Cream Cheese Frosting
September 28-30	<b>Hot Turkey Sandwich</b> On Whole Wheat Bread Mashed Potatoes & Gravy Cranberries Kiwifruit	<b>Tuna Noodle Casserole</b> Peas Sliced Tomatoes w/Cottage Cheese Fresh Banana	<b>Chili w/Crackers</b> Marinated Cucumber Salad Cornbread Muffin w/butter Mandarin Oranges	