

2017-July

Home delivered meals for
Cornucopia, Washburn, Iron
River, Drummond, Grandview,
Mason, Barnes and meal site in
Barnes. Meals served Monday-
Thursday

Bayfield County Department of Human Services
117 E. 5th Street- PO Box 100, Washburn, WI 54891
715-373-6144

	Monday	Tuesday	Wednesday	Thursday
July 3-6	Hot Turkey Sandwich on WW bread, Mashed Potatoes & Gravy, Glazed Carrot Coins, Diced Pears, Milk	Closed 4th of July	Roasted Pork Loin, Stuffing & Gravy, Baked Yams & Apples, Fresh Grapes, Milk, Veg Alt: Roasted Garbanzo Loaf	Beef Tips Pepper Steak w/peppers, onions & tomatoes over Steamed Rice, Wax Beans, Rhubarb Crisp Dessert, Milk, Veg Alt: Tempeh Pepper Steak
July 10-13	Hamburger Steak w/ brown gravy, Mashed Potatoes, California Blend Veggies, WW Bread w/butter, Oatmeal Raisin Cookie, Milk	Chilled Tuna Macaroni Salad, Peas & Cheese Salad, Tomato Slices, Banana, Milk	Sloppy Joe on a buttered Bun, Baked Beans, Potato Salad, Pineapple Upside Down Cake, Milk Veg Alt: Sloppy Jane (TVP)	Pork Chop in Celery Sauce, Baked Potato w/butter & sour cream, Steamed Red Cabbage, Rye Roll w/butter, Tapioca Fruit Salad, Veg Alt: Tempeh in Celery Sauce
July 17-20	Pork Cutlet in Mushroom Sauce, Steamed Potatoes, Steamed Asparagus, WW bread w/butter, Peaches, Milk	Ground Beef Spanish Rice Casserole, Corn Niblets, Mandarin Oranges, Marble Rye Bread w/butter, Chocolate Pudding, Milk, Veg Alt: TVP Spanish Rice	Fishwich Cheese Sandwich on a buttered bun, 7 Layer Salad, Pineapple Rings w/Cottage Cheese, Cherry Crisp, Milk	Spaghetti w/Meatballs, Tossed Salad w/tomatoes, green peppers & onion, Italian Bread w/garlic butter, Chocolate Cake, Milk, Veg Alt: Spaghetti w/Soy Crumbles
July 24-27	Boiled Ham Dinner w/potatoes, carrots, rutabaga & cabbage, Rye Roll w/butter, Lemon Pudding, Milk	Chicken Tetrizzini, Green Beans, Cantaloupe, WW Bread w/butter, Milk, Veg Alt: Tofu Tetrizzini	Hearty Beef Barley Soup, Egg Salas Sandwich on WW Bread, Broccoli Salad, Chocolate Chip Cookie, Milk, Veg Alt: Hearty Vegetable Soup	Oven Roasted Turkey, Mashed Potatoes & Gravy, Candied Yams, Cranberries, WW Roll w/butter, Pumpkin Pie w/whipped topping, Milk, Veg Alt: Tofurky
July 31st	Pork Chow Mein over Steamed Brown Rice, Oriental Veggies, Mandarin Oranges, Dark Rye Bread w/butter, Milk			