

# 2018-JAN

Home delivered meals for  
Cornucopia, Washburn, Iron  
River, Drummond, Grandview,  
Mason, Barnes and meal site in  
Barnes. Meals served Monday-  
Thursday

Bayfield County Department of Human Services  
117 E. 5th Street- PO Box 100, Washburn, WI 54891  
715-373-6144

	Monday	Tuesday	Wednesday	Thursday
<b>Jan 1-4</b>	<b>CLOSED</b> in observance of New Years	Chicken Noodle Soup, Ham & Cheese Sandwich, Baby Carrots, Tropical Fruit, Milk	Hamburger Steak w/Brown Gravy, Mashed Potatoes, Brussel Sprouts, Apricots, Dark Rye Roll w/butter, Milk, <b>Veg Alt: Tofu Cutlet w/Brown Gravy</b>	Chicken Alfredo, Steamed Asparagus, Sliced Tomatoes, Lime Perfection Salad, Milk, <b>Veg Alt: Alfredo w/Meatless Italian Sausage</b>
<b>Jan 8-11</b>	Polish Sausage, Steamed Potatoes & Carrots, Peaches, Marble Rye Bread w/butter, Milk	Hamburger Tater Tot Casserole, Corn Niblets, Strawberries, WW Roll w/butter, Milk. <b>Veg Alt: Tater Tot Casserole w/TVP Crumbles</b>	Fishwich Cheese Sandwich on a buttered bun, tartar sauce, 7 layer salad w/Romaine Lettuce, Lemon Sunshine Salad, Chocolate Chip Bean Muffins, Milk	Pork Loin in Celery Sauce, Baked Potatoes w/butter & sour cream, Buttered Beets, Applesauce, WW Roll w/butter, Milk, <b>Veg Alt: Tempeh in Celery Sauce</b>
<b>Jan 15-18</b>	Swedish Meatballs w/Sauce, Mashed Potatoes, Winter Squash, Fruit Cocktail, WW Bread w/butter	Turkey Dressing Casserole w/gravy, Candied Yams, Green Beans, Rhubarb Dessert w/whipped topping, Milk, <b>Veg Alt: Mock Chicken Dressing Casserole w/gravy</b>	Ham & Cheese Sandwich on WW Bread, Split Pea Soup, Broccoli Salad, Banana, Milk, <b>Veg Alt: Hummus Sandwich on WW Bread &amp; Pea Soup w/Veggies &amp; no Ham</b>	Chicken Parmesan Marinara, Italian Roasted Potatoes, Italian Blend Veggies, Spice Cake, Garlic Bread, Milk, <b>Veg Alt: Eggplant Parmesan Marinara</b>
<b>Jan 22-25</b>	Chicken Chow Mein over steamed Brown Rice & Chow Mein Noodles, Oriental Veggies, Mandarin Oranges, Milk	Baked Ham w/Raisin Sauce, Duchess Whipped Potatoes, Buttered Carrot Coins, Applesauce, Rye Roll w/butter, Milk, <b>Veg Alt: Baked Tempeh w/Raisin Sauce</b>	Chicken Dumpling Soup, Egg Salad Sandwich on WW Bread, Raspberry Jello w/pineapple & peaches, Grapes, Milk, <b>Veg Alt: Dumpling Soup w/Navy Beans</b>	Hamburger on a buttered bun w/lettuce & tomatoes, Baked Beans, Potato Salad, Tropical Fruit Salad, Milk, <b>Veg Alt: Black Bean Burger</b>
<b>Jan 29-31</b>	Hot Turkey Sandwich on WW Bread, Mashed Potatoes & Gravy, Green Beans, Pear w/Cranberry Salad, Milk	Beef Tips & Mushroom Stroganoff over Egg Noodles, Tossed Salad w/tomatoes, Cooked Canned Apples, Black Bean Brownie, Milk, <b>Veg Alt: Tofu Mushroom Stroganoff</b>	Broiled Dill Fish w/tartar sauce, Au Gratin Potatoes, Steamed Broccoli, Fruit Cocktail, WW Bread w/butter, Milk	Beans & Weiner, Seasoned Potato Wedges, Steamed Carrots, Melon, Potato Roll w/butter, Milk, <b>Veg Alt: Beans &amp; Tofurkey Weiner</b>