

Welcome<u>Home to the :</u>









Volume 1, Issue 11

Free

The BARNES NOTES & NEWS is the new source of our area's community events and happenings, obituaries and other items of interest. We continue to welcome you to place your ads, submit events or articles, and stories. Please contact the owner/editor: Julie (Friermood) Sarkauskas at barnesnotesandnews@gmail.com or call 715-795-2775.

Dear Family and Friends - GOOD NEWS IS HERE! We are now linked to the Town of Barnes Website!!! Visit:

Barnes-wi.com / Community / Barnes Notes and News and then chose the year and month you're looking for!!!

We are now on the homestretch and closing in on spring. It doesn't seem like it this time of year, but it's coming.! We finally got some snow and then we got *more* snow, so the snowmobiling got a little boost. Even before this last batch, snowmobilers were out and enjoying the trails. Always a wonderland in the woods. Thank you for visiting our area.

The American Birkebeiner once again pulled thousands of skiers into the area. Thanks to all the volunteers, participants, and fans for a great turnout. (at least they didn't have to bring snow in this year!) I talked to a gentlemen that I work with, he and his wife skied on Saturday and while they weren't quite in front, he said the snow and weather was beyond perfect for the event.

Grab your hats and beads and follow the fun!!! Join in on the annual St. Patick's Day Parade which starts at 12:00 noon. Gathering at the Cedar Lodge and ending at the Trading Post (County Hwy N in Barnes, WI.)

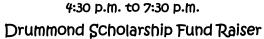
The March *Reminiscing* article shares some history of St. Patrick's Day. We all know this to be a day of celebration, four leaf clovers, leprechauns, rainbows and the ever searched for pot of gold, but as you know, there's a little more to it.

Summer will be here before we know it and it's time to start thinking about our long lost men's and women's softball tournaments *NOW*. We have a lot of history in our little town and the tournaments are part of it. Get your ideas together and let's make something happen to bring these back, even if one at a time.

May God Bless and Keep you.

Julie Sarkawskas

IT'S TIME FOR THE ANNUAL BARNES VFW FISH FRY EVERY FRIDAY IN APRIL



Barnes VFW Post 8329 52325 Lake Road, Barnes, WI

DRUMMOND

SCHOOL DISTRICT

Baseball * Softball

Track

Spring Break

April 1st - 6th

The Lion King

Musical

March 23 & 24

7:00 - 9:00 p.m.



DETAILS

INSIDE

CRIBBAGE TOURNAMENT

Sponsored by:

Cable American Legion Post 487

Date: March 18th, 2018 / Time: 1:00 p.m. \$10.00 Entry Fee – Per Team - High Hand Register Day of Tournament

Snacks & At the Cable American Legion
46895 Trail Inn Road S.
Cable, WI 54821
715-798-4487



Included in this issue:

Advertisements
BAHA
Barnes Food Shelf
Calendar of Events
Church News & Events
Barnes Book Club
Local News & Events
Good Eats/Recipes

Good Eats/Red Obituaries

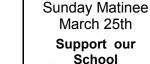
Puzzles Red Hat La

Red Hat Ladies "Reminiscing"

Senior Meals Town of Barnes

- Office Hours
- Town Board
 Transfer Site

UFO Crafters
Garden Club





2018

BAHA WINTERFEST SATURDAY, MARCH 3RD NOON UNTIL 6:00 P.M.

RAFFLE DRAWING AT 4:30 P.M.

BINGO

SILENT AUCTION—DOOR PRIZES EVERY HALF HOUR
MEAT RAFFLES ALL AFTERNOON
50/50 RAFFLE
HELD AT THE VFW HALL ON LAKE ROAD
TICKETS \$ 20.00 EACH — Only 500 sold

Barnes Area Historical Association, Inc.

Make sure to Get your Tickets!



Barnes Notes and News, LLC

50690 Pease Road Barnes, WI 54873 **715-795-2775** **ATTENTION:** Effective immediately, the ability to pay property taxes by credit/debit card thru <u>Gov.Pay.Net</u> has been suspended. 2nd installment payments are payable to Bayfield County and can be paid through the county's website.

REMEMBER DAYLIGHT SAVINGS TIME—TURN YOUR CLOCKS AHEAD 1 HOUR ON MARCH 11TH



BARNES AREA CALENDAR OF EVENTS: MARCH 2018



Sat. Mar 3	BAHA WINTER FEST: Celebration and fundraiser Noon - 5:00 p.m. at Barnes VFW Hall, food & beverages, door prizes, bingo, meat raffle, silent auction. Big cash raffle drawing at 4:30 p.m. Phone: 715-795-3065. www.bahamuseum.org
Mon. Mar 5	BARNES LIONS CLUB Meeting 6:00 p.m. at Maki's Restaurant. Lions Club: Phone: 715-795-2047
Sun. Mar 11	BARNESTORMERS SNOWMOBILE CLUB Regular Meeting at Windsor 9:30 a.m.
Thur. Mar 15	BARNES AREA HISTORICAL ASSOCIATION (BAHA) Meeting 9:00 a.m. at the Museum, corner of Lake Rd. & Cty. N. Phone: 715-795-2145.
Sat. Mar 17	ST. PATRICK'S DAY in Barnes – festivities start at 12:00 noon at Cedar Lodge Steakhouse and Grille. Call 715-795-2223 for more info.
Sat. Mar 17	ST. PATRICK'S DAY PARTY at the Cabin Store 3:00 p.m ?? 715-795-2561
Tues. Mar 20	REGULAR TOWN BOARD MEETING 6:30 p.m. at Barnes Town Hall: Phone: 715-795-2782
Tues. Mar 20	GORDON BARNES GARDEN CLUB Meeting 1:30 p.m. at Barnes Town Hall. Call 715-795-2821
Sun. Mar 25	PALM SUNDAY SERVICE 10:30 a.m. Barnes Community Church 715-795-2195
Tues. Mar 27	VFW POST 8329 Meeting 6:00 p.m. at VFW Hall. VFW: 715-795-2271
Tues. Mar 27	VFW POST 8329 AUXILIARY Meeting 6:00 p.m. at VFW Hall. Auxiliary: 715-795-2271
Thur. Mar 29	MAUNDY THURSDAY SERVICE 7:00 p.m. at Barnes Community Church: 715-795-2195
Fri. Mar 30	GOOD FRIDAY Church open 1:00 to 3:00 p.m. for private prayer, Barnes Community Church: Phone: 715-795-2195

Judy Bourassa, Town Clerk / Treasurer

clerk@barnes-wi.com

Phone: 715-795-2782 Fax: 715-795-2784 3360 County Hwy N - Barnes, WI 54873





POSITION AVAILABLE TOWN OF BARNES

The Town of Barnes, Bayfield County, Wisconsin has an immediate opening for a Full Time Road Crew Worker. Approximate hours would be 40 hours weekly, year round. Experience and CDL License desired.

Download an application at: www.barnes-wi.com, Town Operations, Employment Opportunities or stop at the office at 3360 CO HWY N in Barnes. Completed applications must be received no later than Noon on March 9, 2018. The Town of Barnes is an equal opportunity employer.

BARNES TOWN BOARD MEMBERS

Chairperson: Chris Webb
Supervisor: Donna Porter
Supervisor: Seana Frint
Supervisor: Tom Emerson
Supervisor: Zach Desrosiers

Visit: Town of Barnes.com for town minutes.

Foreman: Eric Altman Constable: Mike O'Keefe

LOCAL ELECTION Barnes Town Board Supervisors Tuesday, April 3, 2018

Thanks for your support over the last 2 years. With your help, I'd love to continue working for our town as we review ordinances, work toward improving our EMS services and make Barnes the best it can be!

Thank you for your vote on April 3rd



Seana Frint

Candidate for Barnes Town Supervisor



Good News !!! We are now linked on the Town Website !!! Go to: Barnes-WI.com / Community / Barnes Notes and News

PDF Files by year and by month

BARNES SENIOR MEALS - MARCH 2018 MENU

How to Register for a Senior Meal at the Barnes Town Hall

Meals are served at the Barnes Town Hall Monday - Thursday at 12:00 p.m.

To reserve a meal or cancel a meal, please call (or stop by) the Barnes Senior Meal Site at

715-795-2495 between 10:15 am to 1:15 pm Monday - Thursday.

If you are not able to call between 10:15 am to 1:15 pm Monday - Thursday to reserve a meal or cancel a meal,

please call the Bayfield County Department of Human Services at 1-888-717-9700, press 178 and leave the following information by 3:00 pm, Monday through Friday: Your name, phone number, date you would like to reserve a meal and the meal site (Barnes)

Week 1: 3/1 Week 2: 3/5 to 3/8 Week 3: 3/12 to 3/15 Week 4: 3/19 to 3/22 Week 5: 3/26 to 3/29

Monday	Tuesday	Wednesday	Thursday
			Baked Chicken, Mashed Potatoes & Gravy, Steamed Red Cabbage, Cherry Cream Dessert Salad, WW Roll w/ butter, Milk, Veg Alt: Roasted Garbanzo Loaf
Meatballs w/gravy, Mashed Potatoes, Spinach, Tapioca Fruit Salad, WW Roll w/butter, Milk	Sierra Turkey w/Rice, Diced Peas & Carrots, Tossed Salad, Cinnamon Apples, Milk, Veg Alt: Sierra Tofu Cutlet	Bratwurst on a buttered bun, Tater Tots, Corn Niblets, Watermelon or Strawberries, Milk, Veg Alt: Tofu Brat- wurst	Chicken & Bean Tamale Pie, Lettuce, Sour Cream & Mild Picante Sauce, Raspberry Jell-O w/Diced Peaches, Milk, Veg Alt: Black Bean Tamale Pie
Ham Loaf Balls, Au Gratin Potatoes, Green Beans, Peach Delight Dessert, Dark Rye Roll w/butter, Milk	Black Bean Swiss Steak, Parslied Buttered Noodles, Steamed Cauliflower, Apple Cobbler, Milk	Chicken Stew over a buttered biscuit, Buttered Beets, Pumpkin pie Square, Milk, Veg Alt: Chickpea Veggie Stew	Corned Beef Brisket, Veggies Steamed in Broth, Banana, Pistachio Dessert, Marble Rye Bread w/butter, Milk, Veg Alt: Braised Tempeh
Beef Tips & Mushroom Stroganoff over Egg Noodles, Mixed Veggies, Fruit Fluff, Orange, Milk	Baked Ham, Scalloped Potatoes, Winter Squash, Diced Pears, WW Bread w/ butter, Milk, Veg Alt: Baked Potato Parsnip Tofu Gratin	Chili w/crackers, Lettuce Salad, Cornbread w/butter, Pears or Apples, Milk, Veg Alt: TVP Chili w/crackers	Roasted Turkey, Stuffing & Gravy, Yams, Cranberry Sauce, Cheesecake w/berry topping, Milk, Veg Alt: Tofu Turkey Roast
Country Fried Steak in gravy, Mashed Potatoes, Brussel Sprouts, Peaches, WW Roll w/butter, Milk	Sweet & Sour Chicken over steamed rice, Oriental Blend Veggies, Celery Sticks, Berry Fruit Salad, Milk, Veg Alt: Sweet & Sour Chickpeas, broccoli, peppers	BBQ'd Pork Loin on a buttered bun, Potato Salad, Baked Beans, Lime Perfection Salad, Milk, Veg Alt:BBQ Tempeh	Lasagna Rotini Casserole, Spinach, Lettuce salad w/ tomato, green pepper, onion, Garlic Buttered Italian Bread, Cake w/chocolate frosting, Milk, Veg Alt: Cheese Lasagna

DAYS WILL SOON BE GETTING NICER: If you're walking, walk against traffic (ditch to your left). If you're biking, ride with traffic (ditch to your right). If walking your dog, PLEASE make sure he/she is always on the "ditch" side of you for their safety, and not on the road side of you. THANK YOU!! (It's for your safety, your pet's safety and the safety of others)

QUESTIONS, COMMENTS or CONCERNS

If you have any questions or comments on what you see here, we would like to hear from you. If you have an item that you would like to see in the Barnes Notes and News, please contact Julie (Friermood) Sarkauskas at barnesnotesandnews@gmail.com

THANKS TO YOU ALL FOR YOUR SUPPORT. GOD BLESS

LIKE US ON FACEBOOK Donations are welcome and appreciated.

Your generous donation will be applied as sponsorship to our community pages.



2018 BAHABIG CA\$H WINTERFEST

JOIN US AS WE CHASE WINTER AWAY!

Winter Break NOON LINE COST 2018

NOON UNTIL 6:00PM

RAFFLE DRAWING AT 4:30pm

PRIZES 1ST PRIZE \$2,000 2ND PRIZE \$1,000

15 PRIZES @ \$100 10 PRIZES @ \$50

BINGO @ 1PM FOOD & BEVERAGES AVAILABLE Silent Auction-Door Prizes every half hour-Meat Raffles all afternoon-50/50 Raffle

HELD AT THE VFW HALL ON LAKE ROAD IN BARNES Tickets \$20.00 each

Raffle License # R0027498A-47134 (Do not need to be present to win)

ALL PROCEEDS GO TO BAHA HISTORICAL CENTER & MUSEUM FUND FOR TICKETS OR INFORMATION CALL 715-795-2145

BARNES AREA HISTORICAL ASSOCIATION, INC.

Sharing the history of the Barnes Area through education and preservation Website: bahamuseum.org



BARNES VFW DRUMMOND SCHOLARSHIP FUND RAISER

FRIDAY FISH FRY



Canadian Walleye

DEEP FRIED OR BAKED

Shrimp Dinner Available
Walleye \$14,00 Shrimp \$12,00



APRIL 6, 13, 20, 27

OPEN AT 4:00PM SERVING 4:30 - 7:30

BARNES VFW POST 8329 52325 Lake Road



CAR CARE WITH SPARKEY

Unfortunately, it is a situation I see time and time again. People walk in, hat in hand with a look of "Well, I tried this, that and the other thing and it still doesn't seem right. Help!"

They ask for free advice. With 40 years of experience, situations like this become about education. The key is to teach people the proper procedure to find the problem. This also involves learning when it is just something that you shouldn't be attempting and will need to bring your vehicle in to a professional that is well versed at fixing the problem.

Now comes the hard part. Fixing the repair.

Our area is called the "Rust Belt" for a reason. Winter salt eats away at everything, and that complicates matters 10-fold. So, if you are considering a repair on your own, make sure you are ready for that complication and have the proper equipment to deal with it. Again, if there is a lot of rust, and you think it may be above your skillset, please stop and take your vehicle to a professional. It will save you money in the long run. I, and I am sure many of you, have learned that painful lesson the hard way.

Before you attempt any repair, make sure that you know what needs to be done properly. Grab your owner's manual and check for instruction there.

If you do not have a copy of your owner's manual, many can be found on the manufacturer's website or at: www.edmunds.com/how-to/how-to-find-your-car-owners-manual-online.html You simply select your vehicle's manufacturer and go from there.

You can also find many tutorials, "how to" videos and procedure walk throughs online as well. Please keep in mind that there is a lot of good information out there, but there is also some very bad and incorrect information as well. Please be warned.

The next hurdle you will most likely face is getting the parts that you need to complete the repair. When going to your local car parts store, they will most likely ask questions that you are unsure of or that you may not know the answers to with certainty. Make sure you take the VIN number with you so that you can ensure you'll get the right parts for your vehicle.

If you are unable to locate the VIN number, it's time to call a professional as this just might not be the best undertaking. With my experience and having seen almost every repair under the sun, I could have had the vehicle repaired and had you back on the road – with a warranty on parts and labor.

Did I mention the stress you could have avoided? Time saved? Effort placed somewhere else?

I take my hat off to all of you guys and gals out there that are willing to try to repair your vehicles. Please remember that patience and persistence – and a little WD-40 go a long way.

So, good luck to you, and...I think I have an opening tomorrow if you need me. - Sparkey

THE PET CORNER.

WARMER WEATHER IS IN THE NEAR FUTURE AND SO ARE THE BUGS!



Warmer weather is on it's way-Make sure you've got your pets on Frontlne, etc. as the ticks, fleas, mosquitos, and flies will soon be looking to wake up and it seems some of them come out in full force the minute the snow starts melting. Even so, we might still have some nasty cold come our way so please continue to watch your pets in the cold.

Keep shots up to date and have your vet's number handy at all times.

NORTHSTAR VETERINARY CLINIC/HOSPITAL

Dr. Sammi Pumala #715-739-6823 52545 Old 63N, Drummond

SEELEY VETERINARY CLINIC

Dr. John Mundel # 715-634-5996 12942W County Rd OO, Hayward (Seeley)

NORTHLAND VETERINARY SERVICES

Dr. Monica Brilla # 715-372-5590 8560 Topper Rd, Iron River

HAYWARD ANIMAL HOSPITAL

715-634-8971 15226w Cty Rd B, Hayward









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CRAIG MANTHEY (715) 739-6645

P.O. Box 130 Drummond, WI 54832 Email: bearcountry@cheanet.net (715) 798-3334 (able Office www.northcountryvacationrentals.net

THINGS TO DO:

- ICE SKATING at the Barnes Town Hall (check with the Town office for information and conditions)
- CROSS COUNTRY SKI or HIKE the upgraded trails around the area (visit the town website for updates)
- **BAHA WINTERFEST** Saturday, March 3rd
- Get out on your Snowmobiles & Snowshoes before this great snow melts!!



APPRECIATION PARTY FOR RAY THE BEST MAILMAN TO EVER RUN OUR ROUTE!

"Didn't matter the weather, didn't matter the time He always made sure, that our mail was just fine." Whether snowing or blowing, or raining some more He was always a gentlemen, and said hi at the door."

> THE WINDSOR SUNDAY, APRIL 15TH 2:00 to 5:00 P.M. FOOD - SNACKS - MUSIC





Shhhhh...IT'S STILL A MYSTERY!!

Rumor has it that a "special guest" arrive in Barnes sometime in this spring or summer, at which time a grand Homecoming Party will be held in his honor.

CAN YOU "GUESS WHO'S COMING TO BARNES" ? We don't have any guesses in...Come on, make your guess.

Clue # 5: "Although he was severely injured in a hunting accident a number of years ago, incredible efforts have been made over the years to help him return to Barnes."

Clue # 4: No need to hunt for it.

Clue # 3: He has always been known for having rather amazing headwear.

Clue # 2: He still has a number of relatives in the

Clue # 1: He last visited our area back in 2005.

Send your guesses to:

barnesnotesandnews@gmail.com

Watch for Clue #6 in the April issue of the Barnes Notes and News

Employment Opportunity Town of Barnes

Clean Boats Clean Waters Boat Landing Monitor Positions

The Town of Barnes in Bayfield County is seeking applicants for Boat Landing Monitors for the summer of 2018. Start date for all positions will be the weekend of Friday, May 4, 2018 and continue through Labor Day, September 3, 2018. Positions will be 20 hours per week @ \$10.00 per hour Friday evenings, 4:00 p.m. -8:00 p.m., Saturdays and Sundays 8:00 p.m. - 4:00 p.m., Memorial Day, Fourth of July, and Labor Day, 8:00 a.m.-2:00 p.m. Must be 18 years of age or older by May 4, 2018. Substitute positions will also be available for those interested in working fewer hours/weekends as needed.

Responsibilities will include, but not limited to:

- informing and educating boaters
- inspecting boats, trailers and personal watercraft for AIS(Aquatic Invasive Species)
- collecting and recording watercraft data
- reporting any suspect specimens

Necessary Skills:

- ability to approach citizens with courtesy and clarity
- communicate well with others
- pay attention to detail
- accurately record data.
- work outdoors
- drive a vehicle or engage adequate transportation

Training:

Monitors will be trained by Town of Barnes AIS Committee prior to the beginning of the season.

Applications can be picked up at the Barnes Town Hall, 8:00 a.m. to 12:00 noon every day but Wednesdays, or on the website: Town of Barnes WI.

Deadline for applications is April 2, 2018 at 4:30 p.m. Mail application to: Barnes Town Hall, 3360 County Hwy N, Barnes, WI 54873.

Interviews for positions to be held in mid-April. Town retains the right to accept or reject any or all applications.

Equal Opportunity Employer



BARNES BOOK CLUB

On Monday March 26th at 9:30 A.M. in the library of the Barnes Community Church we will discuss the book Being Mortal: Medicine and What Matters in the End by Atul Guwande. Then April is poetry month. For April, bring a poem or two to share. As always, we welcome new readers.



THE WINDSOR

50750 Outlet Bay Road - Barnes, WI 715-795-2315



REMEMBER YOUR BUTTONS !!!!!





Back in the 70's, the Homemakers Club sold the buttons for fundraisers.

Recently, long time resident and friend, Tom Van Delist, came across one of the buttons in his mothers belongings and decided it was time to bring them back. A GRAND gesture, they will be sold to help raise funds to support the new storage building for the Barnes ATV and Snowmobile clubs. Also, for the Barnes Notes and News.



Thank you Tom!

The buttons are \$ 4.00 each or 3/\$10.00. You can purchase the buttons at many local establishments.





THANK YOU FOR YOUR SUPPORT IT IS SO GREATLY APPRECIATED



WISH SOMEONE



A HAPPY BIRTHDAY, HAPPY ANNIVERSARY, HAPPY **RETIREMENT, OR JUST A HAPPY DAY!**

SUBMIT TO: barnesnotesandnews@gmail.com

BARNES RED HAT

The Barnes Red Hat Ladies will next meet at 12:00 noon Wednesday, March 21st M&M's Y GO By



THE FIRST 5 DAYS AFTER THE WEEKEND ARE THE HARDEST !!



The Barnes Area Historical Association (BAHA) Museum is closed for the season however, open by appointment.

Please keep the Museum on your list of places to visit in 2018.

The Museum is located at the corner of County Hwy N & Lake Rd., Barnes, WI

Donations are appreciated to help us maintain and expand the exhibits.

Obituaries - REMEMBERING LOVED ONES LOST



SANDRA J. DRINKWINE

Sandra Drinkwine, beloved mother and grandmother, passed away after a courageous battle with Alzheimer's disease on Sunday, February 4th, 2018. She passed away at the age of 81, with her children at her side in her home at the Stardusk Assisted Living Home in Superior, WI.

Sandy was born November 14, 1936 to Chauncey and Dorothy Bangs, She married Thomas Drinkwine in December 1961 and proudly served as a military wife for more than 25 years. She had a special green thumb when it came to plants and took pride in her assorted collection of African

Violets. She loved all things nature, especially hummingbirds, dogs and cats. She enjoyed watching the deer at the feeders in her backyard. Her favorite holiday was the 4th of July and she loved celebrating it with family and friends. She loved a good game of football cheering on the Wisconsin Badgers and the Green Bay Packers.

True to her Irish background, she had the gift of gab and no meal was complete without some type of potato at the table. She taught several of her children how to jitterbug and swing dance on her kitchen floor. Her smile could light up a room.

The loved ones Sandy leaves behind include her children, Don (Lorraine) Drinkwine, Melissa (Steve) Flagstad, Mike (Pam) Drinkwine, Andy (Jodi) Drinkwine, Tony Drinkwine, Maria Drinkwine; thirteen grandchildren; thirteen great grandchildren; siblings Dick Bangs, Iris Johnson, Judy Soderberg, Lany Fahey, Chauncey Bangs; several cousins, nieces and nephews. She was preceded in death by her parents, her husband, Tom, and sister, Kathy Hunter.

The family extends their heart felt gratitude and appreciation to the caregivers of the Stardusk House. Their care and compassion to Mom these past seven years will not be forgotten. Many thanks to her care team at Essentia Hospice and special thanks to Andie Comnick and Angel Waters for their guidance and support during Mom's journey.

The family will honor Sandy's wish that a private service will be held at a later date.



GEORGE E. WISDOM

July 7, 1930 to January 29, 2018

George Edward Wisdom, age 87, passed away on Monday, January 29, 2018 at Hayward Health Services. He was born July 7, 1930 in Chicago, IL, the son of Harry Edward and Angela Marie (Klocker) Wisdom. He was united in marriage to Grace Carol Dougherty on August 29, 1953 at Ascension Catholic Church in Oak Park, IL.

George was raised in the Galewood area on Chicago's west side. His parents allowed him to raise geese and ducks in their small backyard. He also enjoyed gardening in an empty lot near the home. He attended St. Giles Grade School and Fenwick High School, both in Oak Park, and Loyola University in Chicago.

George always dreamed of moving to the country and those dreams were fulfilled when he moved with his parents to Twin Lakes, WI where he helped his father remodel an old house into a beautiful lake home.

In 1948, he joined George A. Wisdom Adhesives in Chicago, his career in the family business of adhesive manufacturing. Along with his brothers, Carl and John, he became the fourth generation to lead the business to continued growth and modernization. George was both dedicated and hardworking. He enjoyed over 48 years with the company, seeing Wisdom Adhesives past its 100 year anniversary.

George and Grace purchased a vacation cabin on Middle Eau Claire Lake in Barnes, WI in 1967 where his appreciation for the outdoors grew. They later moved to a home on Shunenberg Lake. He enjoyed many activities, especially fishing and hiking. He loved animals. He trained and rode horses for many years and owned many loyal dogs. Most of all, George loved his family and passed his love of nature to his children and grandchildren.

George was a faithful member of St. Joseph Catholic Church in Hayward, where he served as a Eucharistic minister for many years, distributing Communion and visiting the sick in homes, hospitals and nursing facilities.

He is survived by his beloved wife of 64 years, Grace, of Barnes, WI; his children, Michael (Barbara) Wisdom of La Grande, OR, John (Roxanne) Wisdom of Seattle, WA, Peter (Janet) Wisdom of Hayward, WI, Paul (Mary) Wisdom of Woodridge, IL, Stephen (Kimberly) Wisdom of Overland Park, KS, and Angela (Bruce) Stastny of Maple Park, IL; twenty grandchildren; two great-grandchildren; his siblings, Carl Richard Wisdom of Aurora, IL, Joan Marie Rothering of Suamico, WI; John Michael Wisdom of Franklin, WI; and many nieces, nephews and dear friends.

In addition to his parents, George was preceded in death by his daughter, Julie Nelson; son-in-law, Kenneth Nelson; grandson, Brooks Wisdom and brother-in-law David Rothering.

A memorial Mass was held on February 10, 2018 at St. Joseph Catholic Church in Hayward. Interment will be held at a later date in St. Ann Cemetery in Cable, WI. Donations in memory of George may be directed to St. Joseph Church or Regional Hospice, both in Hayward.

Obituaries - REMEMBERING LOVED ONES LOST



VALENTINE VOGEL

Valentine (Val) Vogel of Oak Creek, was born to eternal life at the age of 67 on February 8, 2018. Survived by his wife of 38 yrs, Dorothy (Kuske) and other family and friends. Service date is pending. Please visit sunsetoptions.com for updated service information.



<u>JEFFERY "SNUFFER" S. ERICKSON</u>

January 28, 1958 - February 07, 2018

Jeffery S. "Snuffer" Erickson, 60, of Superior, died Wednesday, February 7, 2018, at his residence. He was born January 28, 1958, in Superior, son of Russell and Phyllis (Yadon) Erickson. Jeff was a carpenter with Steve Hunter Construction. He enjoyed hunting, snowmobiling, playing pool and foosball. His greatest love was spending time with his grandchildren.

Preceding him in death were his brother, Rusty Erickson; and sister, Jody Poverud. Survivors include his sons, Alex (Taylor) Erickson, Superior, and Andy (Macie) Erickson, Superior; grandchildren, Carson, Easton and Emma; parents, Russell and Phyllis Erickson, Superior; mother of his sons, Karen Erickson, Cotton, MN; and nieces, nephews, aunts, uncles and cousins. The family wishes to thank Gail and Dick Hoffman, and Matt Sanoski for all their help. A celebration of Jeff's life will be held at a later date.



DORIS L. VANDERBURG-BLOEDE

Doris L. Vanderburg-Bloede passed away on Saturday, February 17, 2018 at AngelsGrace Hospice at the age of 93. She was born in Oconomowoc, WI on March 14, 1924, daughter of Craney (Jake) and Veronica (Smasal) Jacobson. Doris was married to Otto (Van) Vanderburg and together they owned and operated a dairy cattle business in North Prairie, WI, where they shipped dairy calves nationwide and exported cattle to countries like the Virgin Islands, Puerto Rico and Venezuela. They also delivered several shipments of dairy cattle to Cuba in 1961, where Doris became the first woman to deliver a load of cattle to Cuba. Otto (Van) passed away at the early age of 52. Later, Doris married Edward Bloede. He preceded her in death on June 24, 2010.

Doris worked for 18 years until her retirement as a registrar and recruiter for the State College of Beauty Culture in Wauwatosa. While working there, she was instrumental in holding the school enrollment at 100%. While at the school, she counseled and mentored ladies and men to excel and reach their dreams. In her retirement, she worked for the Department of Aging in Waukesha where she managed the meal site. For 20 years, she volunteered at Waukesha Memorial Hospital. She was a member of St. Paul Catholic Church in Genesee Depot, WI. She enjoyed snow skiing, golf and roller skating in her younger years. She will always be remembered as an excellent cook. Doris was admired by all and touched the hearts of everyone she met, young and old. Most of all she loved family and friends.

She was preceded in death by her son Richard (Kathy) Vanderburg of Niceville, Florida. She will be sadly missed by her children, Pete (Kathy) Vanderburg of Blanchard, Oklahoma and Stephen Vanderburg (Fiancée Julie) of Barnes, WI. Her sister Carolyn (the late Doug) Schoenfeld of Oconomowoc, WI. Her grandchildren Peter S. II (Debbie) Vanderburg of Bentonville, Arkansas, Billy (Jennifer) Vanderburg of Cape Coral, Florida, Matt (Melissa) Vanderburg of Monroe, WI, Jennifer Vanderburg of Cable, WI and Trever (Melissa) Vanderburg of Superior, WI. Great-grandchildren Julyeun, Cody, Jakob, Peter Scott III, Rhett, Samantha, Myah and Temperance. Step-children Mark (Carol) Bloede and John Bloede both of Waukesha, WI, Step-grandchildren Ashley Bloede, Greg (Rebecca) Bloede, Kirsten (Mike) Steffens, Maribeth Bloede. Step great-grandchildren and many nieces, nephews, other relatives and many friends.

Visitation was held on Wednesday, February 21, 2018 with a funeral Mass at St. Paul Catholic Church (corner of Hwy D and Hwy 83 in Genesee Depot). Graveside services followed at St. Paul Cemetery. Memorials may be given to Angels Grace Hospice N74 W35908 Servants' Way, Oconomowoc, WI 53066.

Randle-Dable-Brisk Funeral Home, Crematory and Preplanning Services is honored to serve the family. For further information, please call the funeral home at 262-547-4035 or visit us online at www.randledable.com to leave the family an online tribute message.



MAY YOU FOREVER REST IN PEACE WITH YOUR LORD



SOMETIMES.....

OUR LOVED ONES HAVE PAWS.

OUR SYMPATHIES IN THE LOSS OF YOUR FURRY FRIEND



"It's hard to forget someone who gave you so much to remember"



SUPPORT YOUR LOCAL HUMANE SOCIETY

Our sincerest apologies for anyone we may have missed.

Our thoughts and prayers are with you and your families in this time of sorrow.



If you have any information you would like us to share, please send to:

> Julie (Friermood) Sarkauskas at barnesnotesandnews@gmail.com



Pastor Jon Hartman 10:30 a.m. Sunday Worship

BARNES COMMUNITY CHURCH

3200 County Hwy N, Barnes, WI Phone: 715-795-2195

CHURCH OPEN FOR PRIVATE PRAYER Good Friday MARCH 30th - 1:00 p.m. to 3:00 p.m.



PALM SUNDAY MARCH 25th - 10:30 Service

COMMUNION SERVICE Maundy Thursday MARCH 29th - 7:00 P.M.

EASTER SUNDAY Continental Breakfast - 9:30 Worship - 10:30



BARNES COMMUNITY CHURCH FOOD PANTRY

The Barnes Food Pantry is open the 2nd Wednesday of each month from 9:00 to 11:00 a.m. for persons living within 15 miles of the church or those living in Barnes, Drummond or Highland.

Please bring identification.

We are located at 3200 County Highway "N", Barnes, WI at the Barnes Community Church.

For further information call: Donna at 715-795-3139 or Dianne at 715-795-2728 (For a map to the food shelf visit: www.barneswi.com)

Please consider making a donation to The Barnes Food Shelf. It is greatly appreciat



ZUMBA classes now being offered! Barnes Town Hall Wednesdays 4:30pm \$5/Class or \$25 for 6 Classes

- Please bring a water bottle and tennis shoes
- Contact Beth at Beth k00@yahoo.com with any questions.



Wednesdays 3/7/2018 to 5/2/2018





We still have some time for snowmobiling and ice fishing.... PLEASE BE SAFE ON THE TRAILS AND ON THE ICE.

HELP US "GO GREEN"

Thank for your support in our efforts to save on paper and costs. Please contact us if you'd like to receive your copy of the Barnes Notes and News via email. THANK YOU!

Email: barnesnotesandnews@gmail.com



REMEMBER TO THANK A VET, EVERYDAY

We could never thank you enough. We will never forget your sacrifices or your courage. We will forever hold you in our hearts and in our prayers.



TOWN OF BARNES TRANSFER SITE & RECYCLING CENTER 2017 HOURS OF OPERATION EFFECTIVE: APRIL 1 THROUGH NOVEMBER 1

WINTER HOURS: Wednesday 8:00-2:00 and Sunday 8:00-2:00

Bagged garbage fees: LARGE BAGS: \$ 3.00 / SMALL BAGS: \$ 2.00

There are brush and leaf pits for these types of disposal. Brush pit now accepts stumps.

NO HAZARDOUS DISPOSALS/ITEMS

Call the site at 715-795-2244 before bringing in large items.

SORRY—WE CANNOT ACCEPT TRASH OR RECYCLING FROM BUSINESSES

DISPOSAL FEES

- EMPTY REFRIGERATORS, FREEZERS, COMPRESSORS, DEHUMIDFIERS \$ 20.00
- · PROPANE TANKS; \$10.00
- STUFFED CHAIRS; \$10 OR \$15
- COUCHES; \$15 OR \$20
- · MATTRESS/BOX SPRING-QUEEN OR KING; \$10.00 EACH
- · MATTRESS/BOX SPRING-SINGLE OR DOUBLE; \$5.00 EACH
- · HIDE-A-BED COUCH: \$25.00
- · TIRES; \$5.00 EACH
- · LARGE TIRES:TRUCK/TRACTOR-BASED ON SIZE DETERMINED BY ATTENDANT
- · TV'S/ COMPUTERS, LAPTOPS; \$25.00
- MISC. FURNITURE; \$5.00
- CARPETING, PADDING, RUGS, DEPENDING ON SIZE; \$10.00 AND UP
- FLOURESCENT BULBS 8 FOOT; \$5.00 EACH
- · FLOURESCENT BULBS 4 FOOT; \$2.00 EACH
- FLOURESCENT BULBS LESS THAN 4 FOOT; \$1.00 EACH
- CFL BULBS(IN DESIGNATED BOX); \$1.00 EACH
- BATTERIES; FREE
- ELECTRICAL APPLIANCES; FREE
- STOVES; FREE
- WASHER/DRYERS; FREE



RECYCLE ITEMS:

All Rinsed Plastic Bottles (No Food Residue Allowed)

Water bottles Mouthwash bottles Beverage bottles Food jars Food containers Milk & water jugs Detergents Household cleaners Shampoo bottles Cooking oil Salad dressing Yogurt containers Margarine tubs

Ketchup bottles Soap dispenser containers

Plastic bags must be put inside one bag

Misc Items

8" max flower pots clean

Aluminum, steel, tin food/beverage containers Clear, green, brown glass food/beverage bottles

Newsprint, magazines, catalogs

Corrugated cardboard

Aseptic Packaging Cartons

NON - RECYCLABLE ITEMS:

Pizza Boxes (because of the grease) Paper Plates and Cups (with wax coating)

Paper Towels

Egg Cartons (Styrofoam)

Kleenex **PVC Pipe**

Over sized plastic items

Oil Containers Solo Cups Plastic Plates

Flower pots or trays over 8"

Salt Tabs bags Top soil bags Window glass Rubber products Mirrors

Fabrics Wood Drinking glasses Stvrofoam LED light bulbs Large plastic toys

Aerosol spray cans Containers that stored pain and chemicals

This list does not include all items but is a reference of what can and cannot be recycled

NAMEKAGON TRANSIT BAYFIELD COUNTY ROUTE

Bayfield County and Namakagon Transit are providing a route to serve the southern part of Bayfield County. The route originates in the Barnes area then picks up riders in Drummond and Cable, continuing into the Hayward area. Passengers will then have the ability to transfer to a "circular route" in Hayward, where they can travel from store to store or from one address to another, including the courthouse and various medical facilities. The cost for the service is \$1.00 one way and \$0.50 for seniors and persons with disabilities who have a Transit ID card. You **must** call by 1:00 p.m. the previous day to schedule a ride.

If you would like to have an application sent to you for a reduced fare or have any questions, please call Namakagon Transit toll free at (866) 295-9599 or 715-634-6633.

EVERY TUESDAY

9:50 Leaves the Barnes Community Center

10.10 Leaves the Drummond Library and Senior Housing

10.45 Leaves the Cable area/Rondeau Market

Arrive in Hayward at the Hayward Area Memorial Hospital 11:00

1:00 Begin return trip to Cable, Drummond and Barnes with stops as needed







Wilderness Inn

Wine - Dine - Recline

Anytime Fish Fry Featuring Samuel Adams Lager Fish

HAPPY HOUR!



- SPECIALS -

Monday - Burger Night Tuesday - Tacos Wednesday - Wings Thursday - Pizza Night

New Specials & Prizes!

Check our Facebook page for New Monthly Specials! (Omelets, Burgers & Pizzas)

Weekly Prizes!

- ATM - Credit Cards - WIFI Available -

Restaurant Hours: Open 7 Days a Week at 7:00 a.m. www.barnestradingpost.com * Find Barnes Trading Post on Facebook 4170 Cty. Hwy. N, Barnes, WI 54873 * 715-795-2320

TRADING POST MARCH SPECIALS

Omelet: Rueben Burger: Reuben Pizza: Reuben Omlet

Featuring:

Gluten Free Pizza Crusts

St. Patrick's Day Festivities

Join Us for Lots of Fun

12:00 Parade -Cedar Lodge to Trading Post

Full Band "The Incident" 1:00 P.M. to ?

FREE Jell-O Shots All Day

- BREAKFAST-

Everyday—All you can Eat Biscuits & Gravy Saturday & Sunday Eggs Benedict

Pair with a Mimosa or Bloody Mary!



J & K'S HALFWAY HOUSE Bar & Grill

"WE * ARE * HERE"

Open 7 days a week

Mon. - Fri. 9:00 a.m. to 10: 00 p.m.

Sat. - Sun. 9:00 a.m. to 12:00 Midnight

Gordon, WI Phone: 715-376-4285 (On and Off Sale)

THURSDAY NIGHTS BINGO BANGO

6:00 p.m. Start

the WINDSOR

50750 Outlet Bay Road Barnes, WI 715-795-2315

Otter Bay Burger Delight!

By: Hayden Mikolaitis

Would you like an Otter Burger? Come on down to Otter Bay, we have the best food in town. We have the best food and the best service too. We are known for our delicious food and great people to dine with.

In Cable, Wisconsin you can look on facebook. Look up Otterbay and you will find us. You can find us on google, facebook and you can even find us on Lake Owen.

The Otter burger is filled with cheese, mayo and other secret ingredients. We also fill the burger bun with butter. We make it on the smallest grill in town. That could be why our burgers taste so good. On Thursday nights we have half price burgers, which is the first night you will be able to try our delicious burgers!

We open at 11:00 A.M and we close around 2:00 A.M. In the summer you may want to sit on the deck and enjoy a nice meal and have a nice conversation with some people. Kick back and unwind, watch our large television to catch up with your shows. We close in April. We are busy in the summer time or winter time. Hope to see you at our delicious food restaurant!

Hayden is a fourth grade student in Drummond Elementary. She is a writer and a reader. Her mom and aunt run the Otter Bay Resort. She wrote this article as a writing assignment at school.

A Weather Note: Depending on where you live in town, we got anywhere from 5" to 11" of snow on 2/19 and 2/20. Then we got another 8" on the 24th / 25th. We managed a few warmer days in February, but seems we just can't get away from the wind. We had a wonder 42* day this week.

BAHA NEEDS YOUR RECIPES

If you've got recipes which are special to your family or that you received from a family in Barnes, BAHA wants to include them in a cookbook. Please include any anecdotes or stories about when that food was eaten, the person who usually cooked it, or anything else interesting about the recipe.

PLEASE EMAIL THEM TO:

<u>lupeet101343@gmail.com</u> or call 715-795-2145 to get her mailing address.

PLEASE SUPPORT THE BAHA COOKBOOK AND SEND IN YOUR RECIPES.

WE WELCOME ANY FAMILY FAVORITES FOR WILD GAME AS WELL!

The Drummond Library

HOURS:



Monday: Closed Tuesday: 10-5 Wednesday: 10-5 Thursday: 10-6 Friday: 10-5 Saturday: 9-1

Sunday: Closed

ADDRESS: 14990 Superior St, Drummond, WI 54832

PHONE: (715) 739-6290





M&M'S Y-GO-BY BAR-GRILL-CAMPGROUND

Your hosts Mark and Marilyn Yule email: marilynyule@yahoo.com

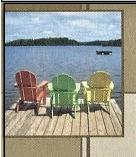


OUR FAMOUS FRIDAY NIGHT FISH FRY
BROASTED CHICKEN
LP GAS EXCHANGE * ATM * ICE
ON/OFF SALE
CONVENIENTLY LOCATED ON
ATV/SNOWMOBILE TRAIL # 17 TO DOOR

Meat Raffle first Sat of the month—3:00 p.m. 13889 S. County Rd Y—Gordon, WI 54838 Phone: 715-376-2333

Kitchen Hours: Tuesday, Wednesday & Thursday Noon to 8:00 p.m. Friday & Saturday Noon to 9:00 p.m.

CLOSED SUNDAY and MONDAY



Deer Grove Resort

On Upper Eau Claire Lake
Jeff and Maureen Fullington
Owners

3225 Deer Grove Road Barnes, Wisconsin 54873

715-795-2526 715-235-9741

deergroveresort@charter.net deergroveresort.com

Del Jerome DBA Jerome Excavating, LLC

Small loads of gravel, topsoil & rock
Stump Removal
Mini Excavator, Skidsteer, Small Dump Truck

715-739-6245 or 715-580-0216 9185 Cty Hwy N Drummond, WI 54832 Email: deljerome@chegnet.net

FREE ESTIMATES
BONDED & INSURED



R-C's DeCoy

53025 State Hwy 27, Barnes WI 715-795-2556



BROOMSTICK POOL TOURNAMENT SATURDAY, MARCH 10TH NOON to ???



CELEBRATE WITH US ST. PATRICK'S DAY Saturday, March 17th



Offering the following services -

at reasonable rates:

Lawnmowing * Dock Entry & Removal
Tree Service * Firewood
Landscaping * Garage Cleaning
Raking * Light Carpentry * Snowplowing

14538 S. Lidberg Bridge Road Gordon, WI 54838 email: ljchandler58@gmail.com



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New Homes • Remodeling • Roofing • Siding • Decks
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Maki's Place

Featuring a New Menu
OPENING SATURDAY, APRIL 7TH

Home Cooking, Homemade Pies & Bakery Breakfast & Lunch all day

Normal Business Hours Mon, Wed-Sun: 7:00 a.m. to 1:30 p.m. CLOSED TUESDAYS

Stan & Phyllis (715) 795-3144

Also selling Bob & Steve's Firewood (715) 795-3144 or (715) 558-6308 3720 Cty Hwy N, Barnes, WI 54873



Thank you, Thank you to our wonderful, dedicated and caring EMT's Brett and Irene in my time of need during this last snowstorm. Also to Tom and the many others (I don't know who you are) who helped. There are wonderful people here in Barnes. God bless, Marcia Ritter



HAPPY MARCH BIRTHDAYS



Happy 59th to my SUPER brother Jack!
Happy 37th to my WAY COOL nephew Justin!
Happy 55th to our great friends Sam Clark &
Russ Fredericks

Happy Birthdays to:

Maureen Fullington & Chad Fullington

HAPPY BIRTHDAY TO ANYONE WE MAY
HAVE MISSED





UFO CRAFTERS

The March meetings will be held on Monday, March 12th and Monday, March 26th

As always, everyone is welcome to join us to do a project or just come for a visit to chat and look at other projects going on.

Judy Wilcox

ANCHOR YOUR BOATS HERE



J&M Storage Jeff Johnson

53060 Hwy 27 Barnes, WI 54873 Phone: 612-803-0775

Storage for:

Personal Items, Boats, Pontoons, ATV's, Snowmobiles, Personal Watercraft and Dry Indoor Storage PLUS

Winterizing and Cleaning Available



UNIVERSAL SEVICES

RICK MUNDLE

1090 ELLISON LAKE RD BARNES, WI 54873 (715) 685-4475 (715) 795-2856

AUTO REPAIR, WELDING, TREE REMOV

LAWN AND CABIN MAINTENANCE, SNOW PLOWING ROOF SHOVELING, SNOW REMOVAL AND MORE

REMINDER:

Please have your ads, articles or stories to the paper by the 20th of each month to ensure placement in the next month's issue.

We will try to accommodate items received after the 20th. (please note that we do have certain items that cannot be received until just before issuance and spots are reserved for these monthly entries.)

Email any items you may have to Julie (Friermood) Sarkauskas at: barnesnotesandnews@gmail.com_ or call: 715-795-2775

PROPERTIES FOR SALE BY OWNER: Pat Iverson

8950 Co. Hyw N and 8810 Co. Hyw N Drummond, WI

My husband passed away a year ago and I'm selling our two properties to move closer to family. Both properties will be placed with a realtor in April, 2018. Please contact me if you are interested:

Home: 715-739-6281 or Cell: 715-413-1721

Pat Iverson

8950 County Hwy N:

This ranch style home with an attached two car garage is on the North side of Co. Hyw N and is situated on 30 acres which joins the National Forest. It has an open kitchen, dining and living room area with 3 bedrooms, 2 full baths and laundry room all on the main floor. The basement is unfinished with a full bath. There is a 30' x 60' pole building which includes a 30' x 25' shop area that has a cement floor, water and heat. Asking \$ 250,000.

8810 Co. Hwy N:

2 bedroom, 1 full bath cabin with a wood burning stove, situated on a 10 acre parcel. It includes a 32' x 50' pole building with a cement floor. Asking \$ 79,000.







Tai Chi: Moving for Better Balance is an evidence based program that has been shown to:

- Improve measures of functional balance and physical performance
- · Reduce the frequency of falls



Sponsored by: ADRC of the North

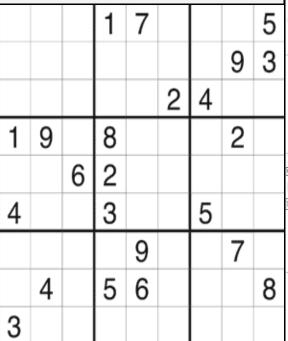
Class led by Suzanne Rooney starting March 19th, 2018. The class will continue every Monday and Wednesday through June 4th.

The class will be held at 10:30 -11:30 am at the Cable Community Center and 12:30 -1:30 pm at the Drummond Community Center.

To register call RSVP 715-292-6400 x2.

For more information on this class or other classes including Stepping On, Healthy Living with Diabetes, Living Well with Chronic Conditions and Powerful Tools for Caregivers call: Bayfield County DHS 715-373-6144 x115

SUDOKU (Answers in this issue)





AGING GRACEFULLY

A low impact, moderate intensity exercise class designed to improve strength, flexibility, and balance is open and free to adults of all ages and fitness.

Sessions will be held at the Barnes Community Church Gym on Thursdays at 10:00 a.m. January 18th through March 22nd.

Sponsored by:

the Barnes Parks & Recreation Committee

GENEALOGY

Just another touch on this fast growing hobby. Of course for some it's not a hobby, it's their livelihood.

I believe it is so important to have a connection with your family tree. Not only does gathering information make it easier for your children to pick up the process, it will spark something in you that you didn't realize you had.

Start with your immediate family, branch to your grandparents and then just keep reaching further back.

Several websites are out there to help start your project:

Ancestry.com
Genealogy.com
My Heritage.com
FamilySearch.org

Start your Family Tree Today. Don't wait! Your loved ones won't always be there to tell the stories and provide the information.

TRUST ME - IT'S WORTH IT!

Spring cleaning is on our agendas.

Please consider donating your items to:

- Local folks that may need a hand
- Salvation Army
- Local Thrift Stores

DONATE

DRUMMOND HS BOYS BASKETBALL

Regionals: Feb. 27th, March 2nd, 3rd

Sectionals: March 8th, 10th

State: March 15th, 16th, 17th @ Madison



February Word Search Answers

Snowmobile Snow Snowmaker Snow Snow Angel Snow Snowed Snow Snow Snow Snow Tires Snow

Snow Tires Snowdrift
Snowman Snowball
Snow Shoes Snowsuit
Snowless Snow Break
Snowflakes Snow Plow
Snowfall Snow Storm
Snowing Snow Scape

Snow Slide Snow Blower

Did we miss any?



Medicare 101

Beginning in January 2018, the Bayfield County Elder Benefits Specialist, Sheila Mack, will be providing "Medicare 101" presentations once per month, January through September, throughout Bayfield County. These presentations will introduce you to the basics of Medicare and give you the information you need to know before making any decisions about whether you want to enroll in all parts of Medicare at age 65, some parts of Medicare, or none of them; and the possible consequences of not enrolling when you are first eligible to enroll. You will also learn about the three types of insurance that supplement Medicare because Medicare only pays 80% of hospital and medical costs, and the need for creditable prescription drug coverage either through Medicare Part D or Wisconsin SeniorCare.

If you will be turning 65 this year, attending one of these trainings is strongly encouraged. The time available for the Elder Benefit Specialist to work with you in the office is becoming more and more limited due to the increase in assistance being requested. To provide prompt and efficient service to as many clients as possible, this presentation will provide basic information on Medicare in a group setting rather than one on one in the Elder Benefit Specialist office. This training will give you enough information to understand your options and be ready to make decisions when it is time to do so.

Below is a list of the dates and towns/cities that Medicare 101 presentations will be offered. All presentations will start at 6:00 pm and last up to 2 hours, depending upon the information reviewed and questions asked by those attending the presentation. If you plan to attend, please register by the day before the presentation is held, by calling **Karen Bodin at 715-373-6144**, **ext.115**. Registration is necessary to prepare enough materials for everyone who attends.

March 13, at the Cable Community Center in Cable, WI
April 10, at the Benoit Community Center in Benoit, WI
May 8, at the Immanuel Lutheran Church in Cornucopia, WI
June 12, at the Barnes Town Hall in Barnes, WI
July 10, at the Washburn Public Library in Washburn, WI
August 14, at the Iron River Community Center in Iron River, WI
September 11, at the Drummond Public Library in Drummond, WI

Medicare Vitamin D Brain Wellness Check Seasonal Affective Disorder And more...

Sponsored by: UW Extension
University of Wisconsin
Bayfield County
County Administration Building
117 E. 5th Street
Washburn, WI 54891
Phone: 715-373-6104
Fax: 715-373-6304
Office Hours:
8:00 a.m. - 4:00 p.m.
Monday through Friday

Website: http://bayfield.uwex.edu/

ADRC

Hours of Operation:

8:00 - 4:00 Monday through Friday Phone: 1-866-663-3607

Visit the *ADRC* office:

117 E. 5th Street Washburn, WI 54891

Appointments are not necessary, but are helpful.

Website: www.adrc-n-wi.org

DRUMMOND HS GIRLS' BASKETBALL SCHEDULE 2017- 2018

Sectionals March 1st, 3rd
State March 8th, 9th, 10th @ Madison

BILL'S GARAGE AUTO & TRUCK REPAIR ASE CERTIFIED & INSURED

48670 US Highway 63 - Drummond, WI Phone: 715-739-6969 HOURS: MONDAY— FRIDAY 8-5 SATURDAY 8-12

BATTERIES + TIRES + TIRE REPAIR + TUNE UPS BRAKES + EXHAUST + COOLING SYSTEM FLUSHING OIL CHANGE + LUBRICATION COMPUTER DIAGNOSTICS + STEERING + SUSPENSION TRANSMISSION REPAIRS

> FOR THOSE OF YOU IN THE BARNES AND EAU CLAIRE LAKES AREA



TAKE THE SHORT DRIVE TO DRUMMOND, JUST SOUTH ON US 63

TALK TO BILL KOKAN OVER 30 YEARS EXPERIENCE CARS-VANS-LIGHT TRUCKS

KEEPING THE WHEELS TURNING IN SOUTHERN BAYFIELD COUNTYONE CAR AT A TIME



GREAT THINGS !!!



Heather Berg receives Chancellor's Award for Fall term:

MENOMINEE, WI (Feb 12, 2018) – Heather Berg of Menomonie has received the University of Wisconsin-Stout Chancellor's Award for the fall 2017 semester. The award is presented to students who have a grade point average of 3.5 or above. Heather is the daughter of Jon Berg and Lisa Behling of Gordon, WI and granddaughter of Dean and Lu Peet of Barnes, WI; and Edie Berg of Rice Lake, WI (formerly of Barnes.) HATS OFF TO YOU HEATHER!

<u>CONGRATS TO THE HAPPY COUPLE</u>

Recently, many congratulations were given to Carol Quinlan and J. Gunnar Nelson by their friends at RC's DeCoy Inn for the surprise announcement of their engagement. The group toasted the happy couple with champagne and best wishes. A September 2018 wedding is planned.



* MARCH REMINISCING: St. Patrick's Day



Wherever you go, St Patrick's Day is celebrated annually on March 17th, the traditional religious feast day of St. Patrick and the day he is believed to have died in 460 A.D. The Irish have observed this religious holiday for hundreds of years. People traditionally celebrated St. Patrick; Day by attending mass and thinking about the life and legacy of St. Patrick, however, upon his death, he was mostly forgotten. It is celebrated inside and outside Ireland as a religious and cultural holiday. In the dioceses of Ireland, it is both a solemnity and a holy day of obligation; it is also a celebration of Ireland itself.

Saint Patrick is known as the patron saint of Ireland. Although he was not born Irish, he has become an important part of the Irish heritage, mostly through his service across Ireland in the 5th century. He is an important figure in Irish Catholic history. St. Patrick was born in Britain around 390 A.D. to an aristocratic Christian family. According to folklore, St. Patrick was kidnapped and brought to Ireland at 16, but he escaped and was reunited with his family in Britain at the encouragement of a voice he heard in his dreams, which later told him to go to Ireland. St. Patrick became a priest and then spent the rest of his life converting the Irish to Christianity.

He was fifth-century Romano-British Christian missionary and bishop in Ireland. Known as the "Apostle of Ireland", he is the primary patron saint of Ireland, along with saints Brigit of Kildare and Columba. He is also venerated in the Anglican Communion, the Old Catholic Church and in the Eastern Orthodox Church as equal-to-the-apostles and *Enlightener of Ireland*.

The dates of Patrick's life cannot be fixed with certainty, but there is broad agreement that he was active as a missionary in Ireland during the second half of the 5th century. Early medieval tradition credits him with being the first bishop of <u>Armagh</u> and <u>Primate of Ireland</u>, and they regard him as the founder of Christianity in Ireland, converting a society practicing a form of <u>Celtic polytheism</u>. He has been generally so regarded ever since, despite evidence of some earlier Christian presence in Ireland.

According to the *Confessio* of Patrick, when he was about 16, he was captured by Irish pirates from his home in Britain and taken as a <u>slave</u> to Ireland, looking after animals; he lived there for six years before escaping and returning to his family. After becoming a cleric, he returned to northern and western Ireland. In later life, he served as a bishop, but little is known about the places where he worked. By the seventh century, he had already come to be revered as the patron saint of Ireland.



Why are Shamrocks a thing?

According to legend, St. Patrick used shamrocks (three-leaf clovers) to explain the Holy Trinity of the Father, the Son and the Holy Spirit while trying to convert people to Christianity. However, people didn't really start wearing shamrocks until as early as the 17th century.



Are Leprechauns real? Nope. (but I guess it would depend on how much celebrating you've done as to whether you've seen one) Leprechauns do have a rich history in Irish folklore. Tales of these little fairies were passed down for generations, and said to be the "shoemakers who socked away their profits in pots at the end of the rainbows, or scattered them around the mountains, forests or rocks." For centuries there have been people who have looked for leprechauns to get a piece of that gold and because they're rumored to bring good luck.

Why corned beef and cabbage?

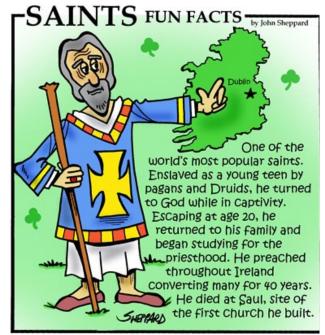
You don't need to know anything about Irish culture to know that corned beef and cabbage is a traditional St. Patrick's Day dish. The corned beef part of the meal actually used to be bacon because cows were not generally used for their meat in Gaelic Ireland, but for their strength in the fields and for their milk. Corned beef and cabbage is really an American creation which originates from Irish immigrants in New York buying the meat from kosher butchers. The traditional St. Patrick's Day meal in Ireland is still lamb or bacon.











St. Patrick

THIS MONTH IN HISTORY

March 1, 1932 - The 20-month-old son of aviation pioneer Charles A. Lindbergh was kidnapped from his home in Hopewell, New Jersey. The Lindberghs then paid a \$50,000 ransom. However, on May 12, the boy's body was found in a wooded area a few miles from the house.

Birthday - American band leader Glenn Miller (1904-1944) was born in Carilinda, Iowa. His music gained enormous popularity during the 1940's through recordings such as *Moonlight Serenade* and *String of Pearls*. On December 15, 1944, his plane disappeared over the English Channel while en route to Paris where he was scheduled to perform.

Birthday - Telephone inventor Alexander Graham Bell (1847-1922) was born in Edinburgh, Scotland. Bell and his father were involved in teaching deaf persons to speak. Bell developed an interest in the vibrating membrane as a method of electrically transmitting sounds. His very first sentence spoken on the newly invented telephone on March 10, 1876, was to his assistant, "Mister Watson, come here, I want you."

March 4, 1681 - King Charles II of England granted a huge tract of land in the New World to William Penn to settle an outstanding debt. The area later became Pennsylvania.

March 6, 1836 - Fort Alamo fell to Mexican troops led by General Santa Anna. The Mexicans had begun the siege of the Texas fort on February 23rd, ending it with the killing of the last defender. "Remember the Alamo" became a rallying cry for Texans who went on to defeat Santa Anna in the Battle of San Jacinto in April.

Birthday - Renaissance genius Michelangelo (1475-1564) was born in Caprese, Italy. He was a painter, sculptor, architect, poet and visionary best known for his fresco on the ceiling of the Sistine Chapel and his sculptures *David* and *The Pieta*.

March 9, 1864 - Ulysses S. Grant was commissioned as a Lieutenant General and became commander of the Union armies.

March 10, 1862 - The first issue of U.S. government paper money occurred as \$5, \$10 and \$20 bills began circulation.

March 11, 1918 - The 'Spanish' influenza first reached America as 107 soldiers become sick at Fort Riley, Kansas. One quarter of the U.S. population eventually became ill from the deadly virus, resulting in 500,000 deaths. The death toll worldwide approached 22 million by the end of 1920.

March 12, 1609 - The island of Bermuda was colonized by the British after a ship on its way to Virginia was wrecked on the reefs.

Birthday - Scientist and clergyman Joseph Priestly (1733-1804) was born in Yorkshire, England. He discovered oxygen and advanced the religious theory of Unitarianism.

Birthday - Albert Einstein (1879-1955) was born in Ulm, Germany. His theory of relativity led to new ways of thinking about time, space, matter and energy. He received a Nobel Prize in 1921 and emigrated to the U.S. in 1933 where he was an outspoken critic of Nazi Germany. Believing the Nazis might develop an atomic bomb, he warned President Roosevelt and urged the development of the U.S. Atomic bomb.

March 15, 44 B.C. - Julius Caesar was assassinated in the Senate chamber in Rome by Brutus and fellow conspirators. After first trying to defend himself against the murderous onslaught, Caesar saw Brutus with a knife and asked "Et tu, Brute?" (You too, Brutus?) Caesar then gave up the struggle and was stabbed to death.

March 17th - Celebrated as Saint Patrick's Day commemorating the patron saint of Ireland.

March 19, 2003 - The United States launched an attack against Iraq to topple dictator Saddam Hussein from power. The attack commenced with aerial strikes against military sites, followed the next day by an invasion of southern Iraq by U.S. and British ground troops. The troops made rapid progress northward and conquered the country's capital, Baghdad, just 21 days later, ending the rule of Saddam.

Birthday - William Bradford (1589-1657) was born in Yorkshire, England. He sailed aboard the *Mayflower* during its 66-day voyage from Plymouth, England to Massachusetts in 1620. The small ship carried over 100 passengers and a crew of 30. It was originally bound for Virginia but landed far north on Cape Cod. The Mayflower Compact was then drawn up as a form of government. Bradford became the first governor of the new Plymouth Colony, serving a total of 30 years, and was largely responsible for its success.

Birthday - Wyatt Earp (1848-1929) was born in Monmouth, Illinois. He became a legendary figure in the Wild West as a lawman and gunfighter, best known for the shootout at the O.K. Corral in 1881, in which the Earp brothers (Wyatt, Virgil and Morgan) fought and defeated the Ike Clanton gang.

Birthday - Organist and composer Johann Sebastian Bach (1685-1750) was born in Eissenach, Germany. His output included thousands of compositions, many used in churches. Among his best known works; *The Brandenburg Concertos* for orchestra, *The Well-Tempered Clavier for keyboard*, the *St. John* and *St. Matthew* passions, and the *Mass in B Minor*.

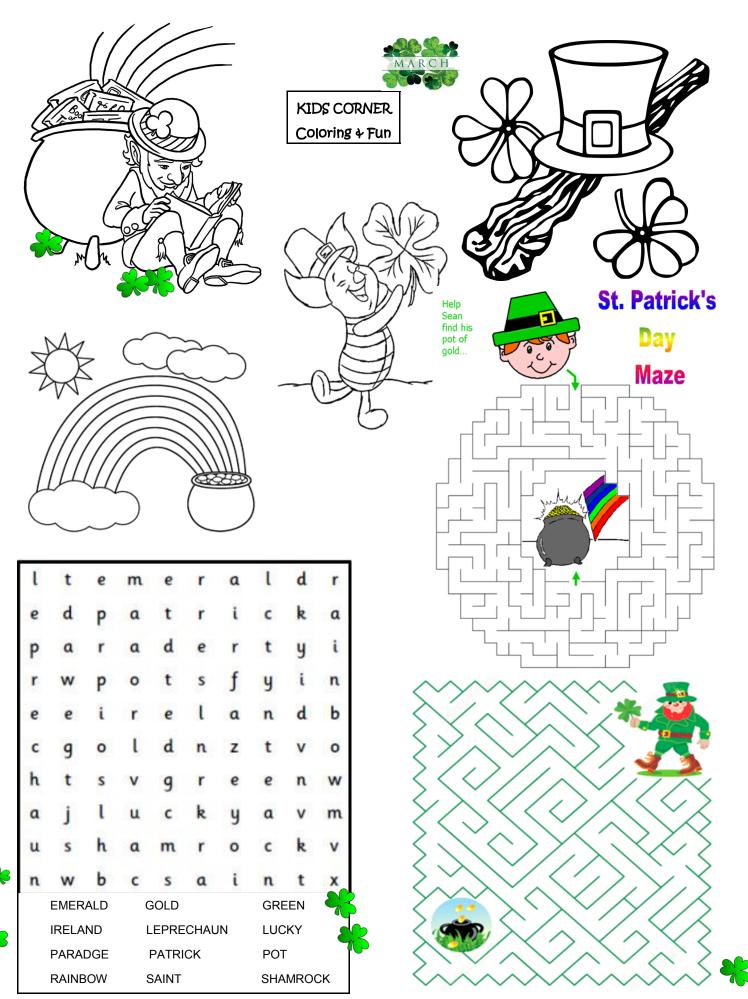
March 23, 1775 - Patrick Henry ignited the American Revolution with a speech before the Virginia convention in Richmond, stating, "I know not what course others may take; but as for me, give me liberty, or give me death!"

March 24, **1989** - One of the largest oil spills in U.S. history occurred as the oil tanker *Exxon Valdez* ran aground in Prince William Sound off Alaska, resulting in 11 million gallons of oil leaking into the natural habitat over a stretch of 45 miles.

March 30, 1981 - Newly elected President Ronald Reagan was shot in the chest while walking toward his limousine in Washington, D.C., following a speech inside a hotel. The president was then rushed into surgery to remove a 22-caliber bullet from his left lung. "I should have ducked," Reagan joked.

Birthday - Vincent Van Gogh (1853-1890) was born in Groot Zundert, Holland. He was a Postimpressionist painter, generally considered the greatest Dutch painter after Rembrandt. During his short (10-year) painting career he produced over 800 oil paintings and 700 drawings, but sold only one during his lifetime. In 1987, the sale of his painting *Irises* brought \$53.9 million, the highest price ever paid for a work of art up to that time. During his life, Van Gogh suffered from despair and bouts of mental illness, at one point cutting off part of his own left ear. He committed suicide in 1890 by gunshot.

Birthday - Franz Joseph Haydn (1732-1809) was born in Rohrau, Austria. Considered the father of the symphony and the string quartet, his works include 107 symphonies, 50 divertimenti, 84 string quartets, 58 piano sonatas, and 13 masses. Based in Vienna, Mozart was his friend and Beethoven was a pupil.





MARCH MANIA

1

Across

- 1. British nanny's four-wheeler
- 5. Scarf or race track
- 10. Feel the heat
- 14. Corn holder, perhaps
- 15. Hourglass, e.g.
- 16. "Adieu!"
- 17. Read at the supermarket?
- 18. Melodic
- 19. Thicke or King
- 20. Accomplish a baseball feat
- 23. Have coming
- 24. Alphabet trio
- 25. Blue or red ribbon
- 28. Suspicious quality
- 33. Kind of old story
- 34. Goethe and Schiller died here
- 36. Cologne complaint
- 37. Seek compassion
- 40. Evil Amin
- 41. Hedge word
- 42. Name of six popes
- 43. Allows as true
- 45. In a fitting way
- 46. Mellow, in a way
- 47. Fleetwood Mac hit
- 49. Take it on the lam
- 56. One of a kind?
- 57. Sister of Euterpe
- 58. Dissembled
- 60. Sicilian bubbler61. Pass along
- 62. Lasting starter?
- 63. Momentarily
- 64. Three-time French Open queen
- 65. Just say no

Down

- 1. Letter add-ons (Abbr.)
- 2. Like cream puffs
- **3**. Jai
- 4. California's capital, once
- 5. Mary of "The Maltese Falcon"
- 6. Clipped, like Samson
- 7. Defeatist's word
- 8. Colorful fish
- 9. Message carriers
- 10. Call a raise
- 11. It's lowest on the Mohs scale

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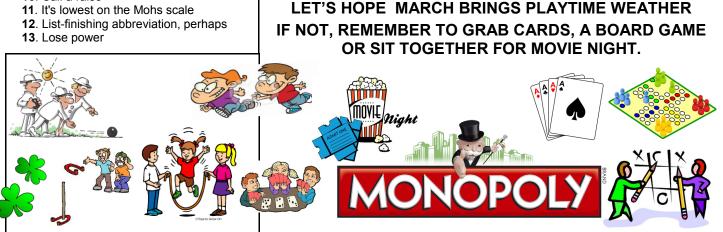
Down

- 21. Beanie Babies, e.g.
- 22. Bird's attempt at communication
- 25. Savory garnish
- 26. "Where's ____?" (Kid's book title)
- 27. At full speed
- 28. up (gets smart)
- 29. Irving and Tan
- 30. " Joe's"
- 31. Synagogue
- 32. In a demure manner
- 34. Questioning folks
- 35. Lawyer/writer Gardner
- 38. Tierra del

- 39. Horror-stricken
- 44. Lounging robe
- 45. Jackie's second
- 47. Bristly hairs
- 48. Salts' salutes
- 49. Wishes otherwise
- **50**. "Do others ..."
- 51. Muchacho
- 52. It has bark but no bite
- 53. Word with dance or mess

111

- 54. Breathe partner
- 55. Witnessed
- 59. Washday word



GOOD EATS - A little winter, a little spring

SUMMER CORN SALAD:

From: lilluna.com/summer-corn-salad

Ingredients:

3 tablespoons olive oil, divided

1 tablespoon lime juice

1/4 teaspoon salt

11/2 cups fresh or frozen corn, thawed

1½ cups cherry tomatoes, halved

½ cup finely chopped cucumber

2 tablespoons minced fresh basil

1/3 cup crumbled feta cheese

2 tablespoons Italian dressing (optional)

Directions:

- Whisk together 2 tablespoons of oil, lime juice, and salt in a small bowl and set aside.
- Cook corn in a skillet with remaining oil until tender.
- Pour corn into a large bowl, cool slightly and add tomatoes, cucumber, and basil. Refrigerate until ready to serve.
- Right before serving, drizzle with dressing, feta cheese and Italian dressing (if desired). ENJOY! Serves: 4

SPINACH QUICHE

From: Internet Recipes

Ingredients:

1 3 ounce package cream cheese, room temp

1/3 cup half and half (or milk)

3 eggs

1 10 ounce package frozen chopped spinach, thawed & drained

1 cup grated cheddar (gruyere works well, too)

1/4 cup grated Parmesan

4 to 6 green onions, thinly sliced (1/2 cup finely diced red or white onion or shallots will work)

1/4 tsp salt

1/4 tsp pepper

1 frozen pie crust (or 2 if you're doing a deep dish to make sure enough when rolled out. I make my own crust but the other works just fine.)

Directions:

- Preheat oven to 425 degrees
- Beat cream cheese in medium bowl until smooth.
- Gradually beat in half & half and eggs
- Mix in remaining ingredients
- Pour mixture into prepared crust. (raw)
- Bake until crust is golden brown and filling is set, about 25 minutes.
- Cool 10 minutes before serving

TIPS and TRICKS:

Ginger can be tricky to peel with all its bumps and irregularities. Rather than using a paring knife or vegetable peeler, reach for the spoon. Scrape it against the skin and it'll come right off, following every contour and minimizing waste.

Slicing meat to grind or cook in a stir-fry can be tricky even with a sharp knife. To make it easier, place the meat in the freezer for 10 to 15 minutes to stiffen it up.

RED, WHITE AND BLUE CHEESECAKE SALAD

From: Italian Recipes—Internet

1 (8-ounce) package cream cheese

1 (3.4-ounce) package instant cheesecake pudding, unprepared

1 cup International Delight French Vanilla Creamer

1 pound strawberries, cut into bite-size pieces

2 (6-ounce) containers blueberries

4 large bananas, sliced

juice of 1 lemon

Directions:

In a medium tall bowl (I use my 8 cup measuring cup), using an electric mixer, whip cream cheese until it becomes smooth. It may bind up in the beaters but continue as is and it will loosen up. Add the dry pudding mix. Beat until well combined.

With the mixer on low, slowly add the creamer *(SEE NOTE BELOW)* to the cream cheese mix. Add it about a tablespoon at a time and then mix until it becomes a smooth mixture and all the creamer has combined into the cream cheese, repeat until all the creamer has been added to the mixture. Whip until smooth. Refrigerate while you prepare the fruit.

In a large bowl, combine lemon juice and bananas. Stir to coat bananas completely and pour off any excess lemon juice. Add strawberries and blueberries. Gently stir to combine. Fold the cheesecake mixture into the fruit. Chill until ready to serve or serve immediately.

NOTE: DO NOT pour all the creamer into the cream cheese at once. It will get clumpy and no matter how long you beat it, it will stay that way.

To make this ahead: Prepare the cheesecake mixture and refrigerate in a bowl. Mix all of the fruit in a large bowl and refrigerate. Before serving, drain any excess liquid from the fruit and then fold the cheesecake filling into the fruit. Serve and enjoy!

SERVES 16 | TOTAL TIME 15

CREAMY CHICKEN-VEGETABLE CHOWDER

Submitted by: Connie Geiter, Birch Lake Road, Barnes

Ingredients:

- 1 ½ cups whole milk or half and half
- 1 cup chicken broth
- 1 10 ¾ ounce can of condensed cream of potato soup
- \bullet 1 10 $^{3}\!\!/_{e}$ ounce can of condensed cream of chicken soup
- 2 cups of cubed cooked chicken or turkey (I usual tear mine)
- 1/3 cup thinly sliced green onions
- 1 11 ounce can Green Giant Mexicorn, drained
- 1 4 ½ ounce jar sliced mushrooms, drained
- 1 4 ½ ounce can Old El Paso chopped green chiles (found in the Mexican section of your grocery store)
- 6 ounces shredded Cheddar cheese

Directions:

In a four-quart saucepan or Dutch oven (I use my electric skillet), combine milk, broth, potato soup, and chicken soup; blend well. Add remaining ingredients, except cheese. Mix well. Cook over medium heat for five to eight minutes or until onions are tender, stirring frequently. Handle with care — milk —based soups burn easily! Add cheese; stir until cheese melts.

Pour into warm bowls; garnish with a little more shredded cheese and a touch of sliced green onion. Serve with corn bread or garlic bread.



GOOD EATS - A little winter, a little spring

HEAVENLY ROLLS

From: lilluna.com/heavenly-rolls-recipe

Ingredients:

- 1 Tbls yeast
- ½ cup warm water
- ½ tsp sugar
- 1 cups warm milk
- ½ cup vegetable oil
- ½ cup sugar
- 1 tsp. salt
- 1 cup flour
- 2 eggs
- 3-4 cups flour
- butter melted

Directions:

- 1. Mix 1 TB yeast with $\frac{1}{4}$ cup warm water and $\frac{1}{2}$ tsp sugar. Let stand until bubbly.
- 2. In a large bowl mix 1 cup warm milk, $\frac{1}{2}$ cup oil, $\frac{1}{2}$ cup sugar, 1 tsp salt with a wooden spoon.
- 3. Add 1 cup of flour to mixture, and mix well. Add 2 eggs and beat until smooth (mix vigorously by hand). Add yeast mixture and mix vigorously until smooth.
- 4. Add 3-4 cups flour to the yeast mixture. Dough should be very sticky. Pour the dough into a large bowl. Cover with a tea towel and let rise for a few hours until it has doubled in size.
- 5. Once the dough has doubled in size punch down and divide in half.
- 6. Roll dough onto a floured surface making a circle about 12 inches round. Dough should be about 3/8 inches thick.
- 7. Brush dough with melted butter. Cut circles with a pizza cutter into 12 pieces (like a pizza). Roll from rounded edge to the point to make a crescent roll. Place into a greased pan (use an 11x16 metal pan and do 3 across and 8 rows down).
- 8. Cover dough with a tea towel and let rise for a few hours until it doubles in size.
- 9. Bake at 375 degrees until light lightly browned (about 15-20 minutes.)

NOTE: Touch rolls to see if they bounce back - if they do not, bake a little longer).

10. Brush with melted butter while warm. **ENJOY!**

I made a huge "to do" list today.

I just can't figure out who's going to do it.

We'd love to share your favorite recipes, cooking or baking stories, or any tips you may have.

Please submit to Julie Sarkauskas at:

barnesnotesandnews@gmail.com or call 715-795-2775

GRILLED SALMON WITH AVOCADO GREEK SALSA AND ORZO

From: Cooking Classy

Ingredients:

- 1 cup dry orzo
- 4 (6 oz) skinless salmon fillets
- 3 Tbsp olive oil, divided, plus more for brushing grill

Salt and freshly ground black pepper

2 small Roma tomatoes, diced (1 cup)

1/2 of a cucumber, peeled and chopped (1 cup)

1/3 cup chopped red onions

1/3 cup chopped kalamata olives

2 garlic cloves, minced (2 tsp)

1 medium avocado, peeled and diced

1/2 cup crumbled feta (2.5 oz)

- 2 Tbsp fresh lemon juice
- 3 Tbsp finely minced fresh parsley
- 1 Tbsp finely minced fresh oregano

Instructions:

Prepare orzo according to directions on package, drain (source recommends tossing with a little olive oil). Preheat grill to medium-high heat (about 400 degrees.)

Meanwhile chop ingredients for salsa. Brush both sides of the salmon fillets with 1 Tbsp of the olive oil and season both sides with salt and pepper.

Brush clean grill grates lightly with olive oil then place salmon on grill (close lid) grill until cooked though, about 3 minutes per side.

In a medium mixing bowl toss together tomatoes, cucumber, red onions, kalamata olives, garlic, avocado, feta, lemon juice, 2 Tbsp olive oil, parsley and oregano. Season with salt to taste.

Divide drained orzo among 4 plates then add a salmon fillet to each plate. Top each serving with plenty of the salsa, both over the salmon and the orzo. Serve immediately.

Yield: 4 servings

3 ENVELOPE ROAST

From: easyrecipes.com

Ingredients:

- 3 pounds beef roast such as chuck roast 1 envelope dry Italian salad dressing mix
- 1 envelope dry ranch salad dressing mix
- 4 - - land and an establishment
- 1 envelope dry brown gravy mix
- 2 cups water

Directions:

Put the water in a measuring cup that is larger than the amount of water you are using.

Add and mix all three envelopes of dry salad dressing and gravy mix to the water. Mix until blended completely.

Brown the roast (if desired.) Add the meat to slow cooker. Pour the water and dressing mixture over the roast.

Cook in slow cooker on high for about 4 hours or on low for about 8 hours.







GOOD EATS - A little winter, a little spring

CAPRESE STUFFED BALSAMIC CHICKEN

Ingredients

4 (200-gram | 7-ounce) chicken breasts Salt and pepper, to season

1 teaspoon each of dried oregano and dried basil

2 roma tomatoes, sliced thinly

1/4 cup sun dried tomato strips in oil

4 mozzarella cheese slices (or cheese of choice)

12 basil leaves, divided

4 cloves garlic, minced or finely chopped

1/3 cup balsamic vinegar

2 tablespoons brown sugar

Directions:

- 1. Preheat oven to 350 degrees. Cut a pocket about 3/4 quarter of the way through on the thickest side of each breast, being careful not to cut all the way.
- 2. Season chicken with salt, pepper, and dried herbs. Pour 1 tsp of sun dried tomato oil over each breast, rubbing some of the seasoning inside the pockets.
- 3. Fill each with 2 slices fresh tomato, 2 tsp sun-dried tomato strips, one slice mozzarella cheese and basil leaves.
- 4. Seal with 3-4 toothpicks diagonally to keep the filling inside while cooking.
- 5. Heat 2 tsp of sun dried tomato oil (or olive oil) in a skillet or non stick pan over medium-high heat. Add the chicken and fry for 2 minutes on each side until golden.
- 6. While the chicken is cooking, mix together the garlic, balsamic vinegar and brown sugar in a small jug.

Pour the mixture into the pan around the chicken; bring to a simmer while stirring occasionally, until the glaze has slightly thickened (about 2-3 minutes).

- 7. Transfer pan to the preheated oven and continue to cook for a further 10-15 minutes, or until the chicken is cooked through and the cheese has melted.
- 8. Remove toothpicks and drizzle with pan juices.

GREEK AVOCADO CHICKEN SALAD

From: lecremedelacrumb.com

Prep Time 15 minutes

Ingredients:

- 2-4 cups shredded chicken
- 1 avocado, sliced
- 1/2 red onion, sliced
- 1/2 cup halved kalamata olives
- 1 12-ounce jar julienned sun dried tomatoes packed in oil, drained and gently rinsed
- 1/3 cup crumbled feta cheese
- 1/4 cup pine nuts (toasted, optional)

Dressing

- 1/3 cup olive oil (extra virgin recommended)
- 1/2 cup plain Greek yogurt use 0% fat
- 1/4 cup reduced fat mayo (may sub extra Greek yogurt)
- 1/2 teaspoon salt or to taste
- 1/4 teaspoon black pepper or to taste
- 1/2 teaspoon garlic powder
- 1 teaspoon dried dill or 1/4 cup chopped fresh dill
- 1/2 teaspoon sugar
- 1 tablespoon vinegar (white wine vinegar recommended)
- juice of 1/2 lemon

Instructions:

In a jar or bowl, combine all dressing ingredients. Whisk until well blended and set aside.

In a large bowl combine all salad ingredients. Pour dressing over the top, then toss well to combine.

Serve immediately or cover tightly and store chilled up to 3 days.

We probably all know this, but just in case you don't....The empty half of an egg shell is the best tool to extract stubborn bits of cracked shells that have ended up in the bowl or the frying pan. "They're like magnets!"



Store Greens and Herbs with a Damp Paper Towel

Don't you hate it when you open up the vegetable drawer and spot that plastic produce bag at the bottom that's filled with green slime that used to be herbs? You can extend the lifespan of washed herbs and greens by several days by rolling them up in damp paper towels and placing them in zipper-lock bags with the seals left slightly open.

The paper towels will even give you a built-in freshness indicator. At the first hint of decay, you'll see darker spots of liquid forming on the paper towels. This is a good sign that you should use up your herbs and greens within a day or two. For chopped or picked herbs, store them in a small deli container with a folded up damp paper towel on top of them.

Freeze Foods as Flat as Possible

Freeze items flat and stack them. Whether it's soups, stews, or ground meat, the flatter and wider you can get them, the faster they'll freeze and defrost, which not only makes you more efficient, it also improves the quality of the food (the longer something takes to freeze, the more cellular damage it will suffer).

When freezing raw meat, soups, and stews, if you have a vacuum sealer, use it! Otherwise, place foods in heavy-duty freezer bags, squeeze out all the air, lay the bag flat, and use your hands to work the contents into as flat and even a shape as possible.

When freezing vegetables, cut them into pieces 1-inch or less and blanch any green vegetables. Place them on a large plate or sheet tray spaced apart from each other and freeze them solid before transferring to a plastic freezer bag and storing flat.



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The lakes will start to melt one of these days. Be Safe!!



Reminder: Ice Houses need to be off the lakes by March 15, 2018 Also at Jim's:

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7 days a week - 7:00 a.m. to 10:00 p.m

They say "Don't try this at home"
So I'm coming over to your house to try it.



	/ days a week - /:00 a.m. to 10:00 p.m.												h	ouse	to try	it.				*					
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